

## First Industrial Realty Trust Webcast Reminder: Investor Day on October 5, 2006

## September 28, 2006

CHICAGO, Sept 28, 2006 /PRNewswire-FirstCall via COMTEX News Network/ -- First Industrial Realty Trust, Inc. (NYSE: FR), the nation's largest provider of diversified industrial real estate, will webcast its Investor Day on Thursday, October 5, 2006 from Phoenix, AZ. President and CEO Michael W. Brennan and the management team will discuss the Company's investment and operating strategies, joint ventures, development opportunities, market conditions, and the future outlook.

The webcast will begin at 12:00 p.m. EDT (11:00 a.m. CDT, 9:00 a.m. MDT). The webcast and presentation can be accessed on First Industrial's website at http://www.firstindustrial.com under the "Investor Relations" tab. A replay of the webcast will also be available on the Company's website through Friday, October 20, 2006.

First Industrial Realty Trust, Inc., the nation's largest provider of diversified industrial real estate, serves every aspect of Corporate America's industrial real estate needs, including customized supply chain solutions, through its unique I-N-D-L operating platform, which utilizes a pure Industrial focus and National scope to provide Diverse facility types, while offering Local, full-service management and expertise. The Company owns, operates and has under development more than 100 million square feet of industrial real estate in markets throughout the United States. Building, buying, selling, leasing and managing industrial property in major markets nationwide, First Industrial develops long-term relationships with corporate real estate directors, tenants and brokers to better serve customers with creative, flexible industrial real estate solutions.

This press release, and the presentation to which it refers, may contain forward-looking information about the Company. A number of factors could cause the Company's actual results to differ materially from those anticipated, including changes in: economic conditions generally and the real estate market specifically, legislative/regulatory changes (including changes to laws governing the taxation of real estate investment trusts), availability of financing, interest rate levels, competition, supply and demand for industrial properties in the Company's current and proposed market areas, potential environmental liabilities, slippage in development or lease-up schedules, tenant credit risks, higher-than-expected costs and changes in general accounting principles, policies and guidelines applicable to real estate investment trusts. For further information on these and other factors that could impact the Company and the statements contained herein, reference should be made to the Company's filings with the Securities and Exchange Commission.

## SOURCE First Industrial Realty Trust, Inc.

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