

## First Industrial Realty Trust Declares Quarterly Cash Dividends for Series C and Series J Preferred Stock

## August 4, 2006

CHICAGO, Aug. 4 /PRNewswire-FirstCall/ -- First Industrial Realty Trust, Inc. (NYSE: FR), the nation's largest provider of diversified industrial real estate, today announced that its board of directors declared a dividend of \$0.53906 per depositary share of its 8.625% Series C Cumulative Preferred Stock (NYSE: FR-PrC), for the quarter ending September 30, 2006 payable on October 2, 2006 to stockholders of record on September 15, 2006. This is equivalent to an annual dividend of \$2.1563 per depositary share.

Additionally, the board of directors declared a dividend of \$0.45313 per depositary share of its 7.25% Series J Cumulative Preferred Stock (NYSE: FR-PrJ) for the quarter ending September 30, 2006 payable on October 2, 2006 to stockholders of record on September 15, 2006. This is equivalent to an annual dividend of \$1.8125 per depositary share.

First Industrial Realty Trust, Inc., the nation's largest provider of diversified industrial real estate, serves every aspect of Corporate America's industrial real estate needs, including customized supply chain solutions, through its unique I-N-D-L operating platform, which utilizes a pure Industrial focus and National scope to provide Diverse facility types, while offering Local, full-service management and expertise. The Company owns, operates and has under development more than 100 million square feet of industrial real estate in markets throughout the United States. Building, buying, selling, leasing and managing industrial property in major markets nationwide, First Industrial develops long-term relationships with corporate real estate directors, tenants and brokers to better serve customers with creative, flexible industrial real estate solutions.

This press release may contain forward-looking information about the Company. A number of factors could cause the Company's actual results to differ materially from those anticipated, including changes in: economic conditions generally and the real estate market specifically, legislative/regulatory changes (including changes to laws governing the taxation of real estate investment trusts), availability of financing, interest rate levels, competition, supply and demand for industrial properties in the Company's current and proposed market areas, potential environmental liabilities, slippage in development or lease-up schedules, tenant credit risks, higher-than-expected costs and changes in general accounting principles, policies and guidelines applicable to real estate investment trusts. For further information on these and other factors that could impact the Company and the statements contained herein, reference should be made to the Company's filings with the Securities and Exchange Commission.

## SOURCE First Industrial Realty Trust, Inc.

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